Goulburn Valley



University of the 3rd Age
SHEPPARTON & DISTRICT

GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

JULY 2018

CONTACT DETAILS

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ACKNOWLEDGEMENT
We sincerely thank the
office of Wendy Lovell for
the printing of this
newsletter.



MESSAGE FROM THE PRESIDENT

Barbara Brown

I hope members enjoyed the Queen's Birthday long weekend. It was a great opportunity to attend one of the many activities available or to spend time with families and friends. I had a lovely lunch at Michelton, part of lan's birthday celebrations with family.

GVU3A 30th Anniversary:

The June Social Meeting was the formal acknowledgement of GVU3A's 30th Anniversary. John Lawry reminded the history committee that GVU3A had commenced in June 1988 and June 2018 was the time to officially note 30 years of learning, social activities and friendships. The updated history the committee is preparing will be launched at our Christmas luncheon in December. The presence of the Mayor, Kim O'Keeffe was more luck that good management at the social morning but it added to the celebration and gave us a chance to thank the City Council for their support, thanks that she will pass onto the other councillors and staff. Bright 30th birthday balloons floated above the lavish morning tea provided by our ever-reliable catering committee. Overall, it was a lovely morning and thank you to all those who helped on the day.

What does a driver's licence mean to older drivers in country areas?

Janet Harkin is a mature aged PhD student from Monash Uni researching, in brief, the views of older drivers and what a driver's licence means as you get olders. Janet is particularly interested in interviewing country drivers as she realises that the needs of people as they age in the country are broader than for those in major cities. This is a great opportunity to express your views.

Sign up in the foyer if you would like to be interviewed.

Further information can be found on the noticeboard. Janet will come to Shepparton to do the interviews individually or in small groups. Contact me for further information or questions.

MESSAGE FROM THE PRESIDENT (Cont.)

Social Morning Guest Speakers:

3rd July: Sandy Chamberlin, GV Health Executive Director of Infrastructure

7th August: "I wish I'd asked" Danny Finley & Eva Gruen – An interesting joint Shepparton

Community Initiative with Shepparton South Rotary Club **4**th **September:** Roger Lenne, a pilot with Angel Flight

Also, the Latrobe Fairley Public Lecture will be held on Wednesday 18th July at 6.30pm. Guest Speaker: Alison Watkins, Group Managing Director in Australia, Coca Cola Amatil Bookings can be made on the Latrobe Shepparton website. No Cost

<u>From the Committee</u> – If you have any ideas or suggestions get in touch with any committee member or send a letter. The Committee meets on the third Wednesday of the month.

In the meantime, stay warm Barbara

WINTER HAS ARRIVED!

We all want to keep warm when at the U3A Hall and the heaters will go on, so....

PLEASE MAKE SURE THAT ALL HEATERS AND LIGHTS ARE TURNED OFF BEFORE YOU EXIT THE BUILDING

Photos from the 30th Anniversary /Social Morning: Committee and Mayor Kim O'Keefe addressing the group.







EMERGENCY PROCEDURES

Attached at the end of this newsletter are the Emergency Procedures that apply should there be an emergency and the Hall has to be evacuated. These are displayed in the Hall, however we would like you please have a read of them here to become familiar with them.

GVU3A Members visit the Islamic Museum

On Wednesday 6th June, I was fortunate enough to visit the Islamic Museum of Australia in Melbourne with a small group of U3A members and members of Friends of S.A.M.

It is located in Thornbury in what was once a bottling factory, & it has been reinvented both externally and internally to a modern state of the art museum. Moustafa Fahour was founder, patron and director of the new Museum, the first in Australia, with the goal being to promote Islamic art and culture to the western world. Architects were from the international firm Desypher.

I was very impressed with the internal designs of the various spaces, leading you through the history of the Muslim faith, & the Pillars of Islam, to their contributions to western civilisation in the fields of Art, Architecture, Sciences, Medicine & Engineering etc. There were galleries showcasing Islamic culture and art as well as the story of people of the Islamic faith in Australia, from Indonesian fishermen on our northwest coast, centuries ago; to the cameleers in the exploration of our outback and the pre-& postwar immigration to the present day.

There was so much information, & our young guide was excellent, but the visit was not long enough! The final gallery was a brilliant Audio-visual presentation "1.6 Billion Ways to be a Muslim"! featuring young people telling us their interpretation of their faith & how they applied it to their lives.

I have recommended it to friends & family as a very worthwhile place to visit. Take the grandchildren! Simply google "Islamic Museum of Australia"! Thanks to Barbara for being instrumental in organising this visit.

Peta McKenzie



From Left: Pet McKenzie, Joy Campbell, Wendy Gannon, Barbara Brown, Madeline Dyer

NATURAL RESOURCES & REGIONAL DEVELOPMENT

FRIDAY JULY 6, 10am U3A Hall

GUEST SPEAKER; Dr. Bruce Gill, Senior Research Hydrogeologist, Dept. Environment, Land, Water & Planning Tatura.

SUBJECT: What is fracking and what is its role in natural gas supply.

FRIDAY JULY 13. 10am U3A Hall

GUEST SPEAKER; Kate Brunt, Goulburn Broken Regional Catchment Strategy Implementation Manager.

SUBJECT: The new Goulburn Broken regional catchment management strategy.

Contact John Dainton ph. 0358213881 or mob. 0410549502

WALK AND TALK

On Wednesday July 11 we will walk between Shepparton and Mooroopna and on the way we hope to have someone tell us some of the history of life on the "Flats". Please meet at the car park south of Aquamoves near the swing bridge at 9am. We will plan to have a good morning tea at one of the Mooroopna shops then walk back to the cars or catch the bus. Wear suitable footwear and warm clothing. New members will be very welcome.

Thanks to David Taylor for organising the June walk in which we all walked along the bike/rail trail from Oxley to Milawa and back, about 10km total. On the way we admired some of the old buildings such as the one in Jan Maude's photo attached.

Christine Wilson 5822 1474 0428 399 648



ENJOYING LITERATURE

Our group which meets monthly at 2pm (usually!) on the fourth Monday of each month discusses any and all forms of literature.

For the past several meetings we have been reading through "A Streetcar Named Desire". We expect to complete this reading at our meeting on June 25th. In July we will watch the classic film version starring Vivien Leigh and Marlon Brando.

You are welcome to join us for this screening on Monday July 23rd when we will commence at the earlier time of 1.30pm.

Further information:

Helen West 0411 457 462

SCIENCE MATTERS: Putting a Man on Mars

The next Science Matters class (July 16, 1.30pm) will try to solve the many problems facing NASA scientists in their bid to colonize Mars. The problems look immense. Low atmospheric pressure that allows water to boil away at body temperature, no oxygen, huge dust storms and high radiation are just some of the issues. Throw in a few health and mind problems for the 2-3 year journey and there is the potential for a disaster no less serious than those faced by the early Antarctic explorers. Yet there is an infectious enthusiasm around The Kennedy Space Centre in Florida that it can be achieved over the next 15 years. We will explore the current ideas on how it might run.

Allan Wilson 5822 1474

OPERA APPRECIATION GROUP

On Sunday 22nd July we will be travelling to Wangaratta to see the final opera film from the Metropolitan Opera's 2017-18 season: Cendrillon by Massenet.

This is Cinderella sung in French with a star-studded cast and a wonderful storytale setting. Everyone would enjoy this opera filmed in HD.

Join a bunch of enthusiasts as we travel to Wangaratta on a Sunday. It's warm in the car and warm in the theatre and there's usually a spare seat.



Please contact Madeline Dyer if you would like to attend and she will arrange shared transport.

Phone 5821 0272, 0417 580 025, or dyerm979@gmail.com to reserve your seat.

DANCE and LEARN

Some of Linda's U3A dance students have become members of Shepparton Nu Vogue Dance Group, which meets at the Kialla Central Hall on Wednesday evening from 7.15pm. Here, the first hour of each session is focussed on beginners and enables Linda to build on what we have been learning at U3A.

The club goes into recess from July 4 to August 8, so Linda has offered to teach beginners for two hours on each of four Wednesday nights during that period. This is a great opportunity to concentrate of learning slowly and thoroughly, hopefully increasing confidence and the desire to join the Kialla group and to take up the opportunity to attend a range of dances held regularly in the region.

These classes will be held on Wednesday, 11th July, 18th July, 25th July and 1st August from 7.15pm, finishing at 9.15pm. The fee for these classes will be \$5 to cover the cost of the hall hire. Linda is offering her services free of charge. The hall has a beautiful floor and is heated. Tea and coffee will be available.

This is a great opportunity for members to get started or to refresh our memories of all those dances we used to know so well.

Enquiries: Jan Maude - Mob: 0428 597794

LUNCH GROUP DATES FOR JULY

The weather is getting colder so it's a good time to get together with some friends for lunch and a chat. You don't have to prepare any food and you don't have to clean up afterwards. What more could you want? On Monday July 2nd we gather at The RSL. The following Monday, July 9th, we meet at The GV Hotel. This is followed by The Peppermill Hotel on July 16th and finally we meet at The Shepparton Club on Monday 23rd. All U3A members are welcome to join the group.

Contact Gail on 58211315 if you have any questions.

WRITING4PLEASURE:

There has been a change of time for this month, June's, meeting. Instead of the 21st, we will be meeting on the 28th. The reason for this is maintenance work on the 21st. After this we will be back to normal

The topics to choose from for July are: 1. 'Things I remember' or 2. 'Things I don't remember'.

We meet on the third Thursday of the month, 1pm to 3.30. at Shepparton Library

ALL WELCOME.

Mary Heneghan. 58316997, or Mobile; 0400573985.

INDUSTRY TOUR Friday 27th July 2018 10.00 am

KEN MUSTON AUTOMOTIVE SERVICE DEPARTMENT 20 – 23 Enterprise Drive Shepparton.

(Enterprise Drive is a new street which joins Florence Street at the Hunter's/Beaumont Tiles

T junction to the Alternative Route at the Sikh Temple. Muston's is a large building clearly signed on the south side. Ample parking on site or in the street. Meet inside via the door marked "Service & Spares.")

Ken tells me that the era of the mechanic has passed and now our cars are serviced by technicians. Come and see what he means! There is a multi-million dollar workshop with hardly a blob of grease to be seen. Ken will proudly show us around and he assures me that there is plenty to see which is gender neutral.

I will put an attendance sheet in U3A lobby at the start of July.

JOHN HETHERINGTON mrjfh@me.com Tel 0419 319 339

IPAD AND IPHONE USERS - Winterbreak

As many of us have travel plans during winter, the iPad and iPhone sessions will be cancelled in July and August, the sessions will resume

Friday 7 September 2018 1.30 pm - 2.30 pm Advanced

2.30 pm -3.30 pm Beginners

Wish all of you warm winter months. Contact Kiki Passenheim 0468 487 555

COMMUNICATING WITH COMPUTERS

Sessions will be held on 25th June, 2nd and 23rd July and will then go into recess until November when I will contact everyone re starting again.

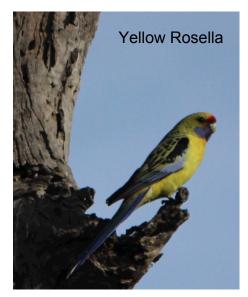
David Muir 0414881369

BIRDWATCHING

Our July 18 outing will be at Walters Park (Jordans Bend) Shepparton, a morning outing. Please meet at the U3A car park at 9 am. Contact Don Roberts 58252404 M0448889224 or Marg Clarke 0429350875

Our April outing was at Loch Garry, 8 members attended where 40 species were observed, some being: Little Pied, Great and Little Black Cormorants, Royal and Yellow-billed Spoonbills, Brown Goshawk, Whistling Kite, White-bellied Sea-Eagle, Black-fronted Dotterel, Crimson (Yellow Rosella), Brown Treecreeper, White-breasted Woodswallow and Tree Martin.

The May outing was at the Euroa Arboretum and Euroa Waste Water Treatment Plant (observed from the road) 12 members and 1 visitor attended. At the Arboretum we observed 15 species some being; Purple-crowned Lorikeet, Superb Fairy-wren, Spotted and Striated Pardalotes, Weebill, Black-faced Cuckooshrike and Grey



Fantail. At the Treatment Plant we recorded 14 species some being; Australian Shelduck, Australasian Shoveler, Pink-eared Duck, Hardhead, Australasian and Hoary-headed Grebes and Eurasian Coot.



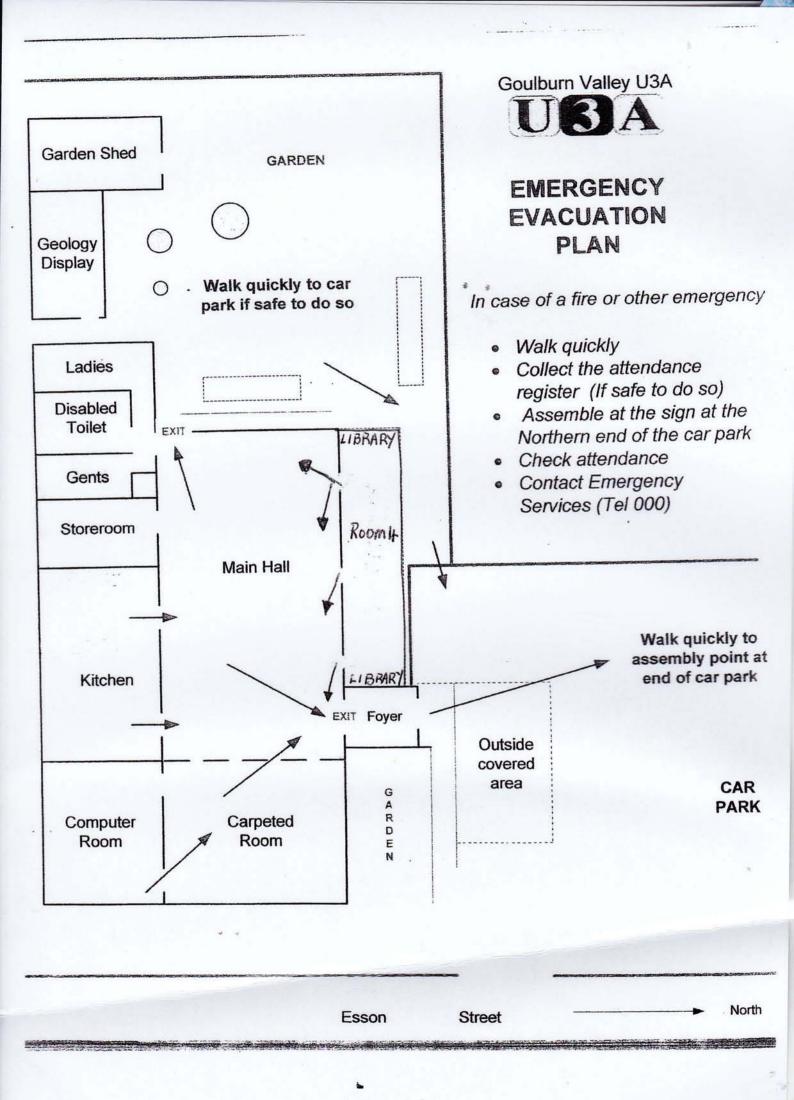


BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049





EMERGENCY PROCEDURES



ESSON STREET COMPLEX

ALL USERS OF COUNCIL FACILITIES SHOULD FAMILIARISE THEMSELVES WITH THESE PROCEDURES

IN THE EVENT OF FIRE OR OTHER EMERGENCIES

Assist persons in immediate danger-

BUT ONLY IF SAFE TO DO SO

- Close doors on the danger areas
- Call the EMERGENCY SERVICES on 000
- Attack fire if SAFE TO DO SO
- Evacuate out to an assembly area
- Remain at the assembly area and ensure everyone is accounted for

EXTINGUISHER HOW TO USE A FIRE

Pull the Pin

extinguisher at the base of the fire Aim the

Squeeze the release the trigger to medium

extinguisher Sweep the from side to side

Shepparton City

Greater

Council

(After Hours)

58329700

(Business hours)

Shepparton City

Council

EMERGENCY CONTACT TELEPHONE NUMBERS

132 412 1800 676 300 1800 454 500 131 126 58329700	Service (Storms Etc.) Powercor Origin Energy Goulburn Valley Water Poisons Information Centre Greater
1800 676 300 1800 454 500	Origin Energy Goulburn Valley
132 412	Service (Storms Etc.) Powercor
000	State Emergency
000	Police
000	Fire Brigade



Emergency Procedures

EMERGENCY PROCEDURES



ESSON STREET COMPLEX

ALL USERS OF COUNCIL FACILITIES SHOULD FAMILIARISE THEMSELVES WITH THESE PROCEDURES

In the event of a fire or other emergency in this facility, the assembly area is located:

CARPARK

situation and to advise them of the safest route to take and to account for everyone at It is to be the nominated fire warden's responsibility to alert all occupants of the assembly area.



WATER TYPE (Plain Red) Suitable for paper, wood and textiles



DRY CHEMICAL TYPE (Red with white band)
Suitable for all types of fires including flammable liquids

Emergency Procedures