# Goulburn Valley



versity of the 3<sup>rd</sup> Age SHEPPARTON & DISTRICT

GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

June 2016

#### **CONTACT DETAILS**

#### **GV U3A Hall**

Esson Street Shepparton Tel: 5821 3333

#### **POSTAL ADDRESS:**

P.O. Box 14 Shepparton 3632

#### **♦PRESIDENT**

Greg Barnes 0438 569 611 <a href="mailto:dngbarnes@hotmail.com">dngbarnes@hotmail.com</a>

#### **♦VICE PRESIDENT**

Barbara Brown 58318447 bbrown47@netspace.net.au

#### **♦SECRETARY**

Madeline Dyer 5821 0272 dyerm979@gmail.com

#### **TREASURER**

Carole Trotter 5823 1348 crtrotter2@gmail.com

## ♦ANNUAL TRIP TREASURER Marie O'Hare

## ◆COURSE CO-ORDINATOR (interim)

Barbara Brown

## ◆CATERING CO-ORDINATOR Jan Vibert

#### **♦HALL COORDINATOR**

John Hammond 5821 5020 johnhammond5@bigpond.com.au

#### **EMAIL ADDRESS:**

goulburnvalleyu3a@gmail.com

#### **NEWSLETTER EMAIL:**

gvu3anewsletter@gmail.com

ACKNOWLEDGEMENT We sincerely thank the office of Wendy Lovell for the printing of this newsletter.

#### MESSAGE FROM THE PRESIDENT



And now for something completely different, an idea initially from the membership, the June **social morning** will be guest speaker free. This will give everybody more time to socialize. In July the guest speaker will return.

Updated **GVU3A Application Membership Brochures** are available at the hall entrance. If you know of someone that might like to join us please pass a brochure on to them.

We are still looking for a <u>Course Coordinator</u>. We are desperate. Please consider taking on this position. See a committee person if you want more information regarding details of this role.

Initial talks have begun with <u>Latrobe University Shepparton</u> about GVU3A members sitting in on lectures, being made aware of guest speakers and the availability of short courses.

A final reminder about the <u>Trivia night</u> on Friday May 27 at the U3A hall, doors open at 7pm. Cost is \$10 per person payable on the night. Supper is provided but bring nibbles, drinks, glass and bottle opener if you wish. Gail has put up a booking sheet in the hall.

We welcome U3A members to attend committee meetings, either as observers or to bring up any problems or ideas. The committee meeting is held at 3.00 pm on the second Wednesday of each month.

**Bald Archy Exhibition** Carole Trotter will be organizing a car pool to view these comical and satirical images of well known Australians. The exhibition will be held at Swanpool Memorial Hall from August 20 to September 4 - 10.00 am to 4.00 pm. Adults \$5, concession \$4. If you are interested please let Carole know.

Social historian Peter Laslett co founder of U3A coined the term "<u>The Third Age</u>" to describe a new demographic of people who had left the paid work force, were physically and mentally capable, likely to live to an advanced age before the onset of <u>The Fourth Age</u>, the period of dependence, decrepitude and death.

So when it comes to talking about the elderly we should not confuse The Third Age with the Fourth Age. (Thanks Barry Jones)

**Greg Barnes** 

### **DEFIBRILLATOR**

<u>The defibrillator</u> is now attached to the wall of the GVU3A hall near the kitchen door (thanks John Hammond). Only open the defibrillator box in an emergency. When open, a very loud alarm goes off and not only flattens the battery but causes great fright to all and sundry in the vicinity.

## SANDRA'S KEEPSAKES

On Tuesday June 21st, members have the opportunity to make this chalk board. It would make a great present for a grandchild. Perhaps you could leave it in a prominent position in the house to remind family members of appointments, messages etc. If you would like to join the class at 9 am on the 21st please ring Sandra on 58210231 by Tuesday June 14th so she can order in the necessary supplies. The chalkboard will cost \$28 to make. This amount covers the cost of the timber, paint, 7 sheets of paper, embellishments, hinges and special chalkboard paint. Come along and have fun making this great item.



## **ENJOYING LITERATURE**

We meet at 2pm on the 2nd and 4th Monday of each month and we explore any and all forms of literature. Due to the June long weekend we will only meet once in June on the 25th.

We are continuing with the Australian literature theme and having done a play (The Summer of the Seventeenth Doll) and some poetry (Judith Wright) we are now discussing short stories.

Each member is reading a short story (or more) and reporting to the group on why they have chosen it, what they liked or didn't like about it, perhaps something about the author and/or the style. We are also thinking about what makes a good short story and why we like them or don't like them compared to a novel.

You are most welcome to come along and check us out! Helen West 58214802 0411 457 462

### NATURAL RESOURCES

Friday June 3; U3A Hall

GUEST SPEAKER; Richard Wheeler, Acting Waste Project Officer, COGS

SUBJECT; Opportunities & Challenges for waste disposal in the Greater Shepparton City

Region

Friday June 10; U3A Hall

GUEST SPEAKER; Daniel Irwin, Head of Customer Service & Operations, Goulburn Murray

Water

SUBJECT; International River Basin Management Course China.

John Dainton 5821388

## **INDUSTRY TOURS**

HM Prison Dhurringile. Thursday 14th July 2016. Approx. 10.30 am - noon. Bastille Day - what better date to visit a gaol!

There will be a mini-bus for 12 people. The prison management can cope with 18 of us so a car or two of camp followers will be OK.

More details at the June 7th Social Morning.

PS To those who visited the Equine Hospital: I rashly suggested the possibility of a partial refund of bus fares. Alas, the suggestion was as valid as a politician's promise and we were charged the "minimum daily rate" so that big night out that you promised yourselves with the

refund is not to be.....

JOHN HETHERINGTON, 0419 319 339

## **WALK AND TALK**

On Wednesday June 8 we will have a winter "Mystery Walk and Treasure Hunt" around North Shepparton - all on flat sealed surfaces. You will be given directions at U3A at 8.45 am and if you follow the directions well, you will end up at a warm place with morning tea provided. You might even win the prize if your team gets the most points. New members are always welcome. Our May walk in the Barmah Forest, led by John Jackson, took us through forest and plains, past brumbies and kangaroos to to some very large ancient redgum trees. Marg Clarke's photo shows how the biggest one took 7 people holding hands to encircle the base.

Christine Wilson 5822 1474 Mob. 0428 399 648



## Big Issues from Science: Monday June 20th 1.30 pm

This month we continue our series on the Big History of our Civilization with information on The Origins and Evolution of Life on Earth. Early earth provided the Goldilocks environment for life: chemically rich, plenty of liquid water and the right distance from the sun. So how did life begin and how did it evolve through eons of generations and extinctions? Coupled with the story of evolution is the story of how life introduced a new dynamism and diversity to the Universe, and changed the earth itself.



Please note the August session of Big Issues From Science will be on the <u>fifth Monday</u>, 29<sup>th</sup> August.

Allan Wilson 5822 1474

### WRITING4PLEASURE

The writings that members contribute continue to impress and entertain. The theme for June is "A Defining Moment". If you would like to try your hand at writing 500 words on this subject, you would be most welcome to attend our June meeting on Thursday, 16 June, commencing at 1.00 pm.

Contact Mary Heneghan 58316997

### **COMPUTERS**

Computers will go into a break from the beginning of June until early September (last session May 30th). I will email/phone class members to let them know when we have returned. Depending on reception, I may still be contactable via phone or email for those who have urgent computer problems. David Muir

#### **BIRD WATCHING**

The June 15 outing will be at the Wunghnu Common. Please meet at the U3A Hall at 9.00

Don Roberts 58252404 M 0448889224 or Marg Clarke M 0429350875

### **MONDAY LUNCH GROUP**

Monday lunch group June dates.6th Australia hotel .13th Sherbourne. 20thTerminus. 27thLast Straw. All welcome Joy Markey ph 58216387

## **GARDEN CLUB**



# **26 May** (4<sup>th</sup> Thursday of the month) **Violet Town Garden**

Please meet at the U3A car park at 9.45am for a car pool. I have arranged a trip to Violet Town. Barb Ramage has kindly offered to show us her garden. She also has a collection of mosaics on display. Barb will take us to visit her friend's garden nearby, after a cuppa. She will put the urn on for us but we will need to bring our own drinking mug. Hope to see you on the day



## 23 June Echuca Garden Tour

On the fourth Thursday of June meet at 9.15am at the U3A car park. There are 3 garden visits planned.

- 1. Travel to **Marg Orso's garden** at 89 Mitchell St, Echuca. Marg is a keen herb enthusiast and will show us her garden while talking about the various herbs and their uses. Marg is a member of the Echuca Herb and Cottage Plant Club.
- 2. Onto the **Echuca Moama Botanic Garden** for a guided tour with Nancye Smith, one of the original members who started the Botanic Garden. She has an enormous amount of knowledge about this garden project off Perricoota Road Moama. We can enjoy a picnic lunch here at the gardens (table and chairs available) or at the Sportsman's Club if members want to eat inside. After lunch Nancy will meet us for the tour at 1.15pm and then take us onto her place which is nearby.
- 3. **The Autumn Garden** Nancy has 2 acres of established garden with beautiful trees, natives and shrubs. Nancy's beautiful garden features in the Autumn/Winter Echuca Moama magazine

## 28 July meeting to be advised

Claire Blake 0402308858

#### **BANK ACCOUNT DETAILS**

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049