

GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gyu3a.com.au

August 2018

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ACKNOWLEDGEMENT

We sincerely thank the office of
Wendy Lovell for the printing of
this newsletter.



MESSAGE FROM THE PRESIDENT

Barbara Brown

During the past 2 or 3 weeks I found myself captured by the rescue of the Thai soccer boys team and their coach. At the start it was hard to believe that they would be found, let alone rescued. What an amazing rescue attempt was put into place. I was very impressed by the ability of the Thais to organise the hundreds of people involved in the rescue, the huge woks that kept everyone fed, the enormous amount of equipment required and the methodical way they worked. I also appreciated that the media was kept well away the Thais organised regular meetings to allow the reporters to let the world know what was happening. If you saw the Four Corners report last Monday you will appreciate the enormity and the skill and expertise needed for success. How lovely to have such a good news story amongst the gloom!

Air Conditioners

During winter the air conditioners are set at 23 degrees and should not be changed. Once warmed this is a comfortable temperature. The air conditioner type we have begins its cycle with cold air. This is normal – just wait a little while for it to kick in. Likewise, when it reaches the set temperature it turns off and re-starts when the temperature falls – again with some cold air. Just check that the setting is on the ‘sun’ symbol and not the ‘snowflake’ if you want warmth!

Lights

Please continue to turn off all lights especially the office and toilets.

Dishwasher

The top dishwasher is out of order. Hopefully, it will be fixed when you receive this newsletter.

Please read carefully the reminders for Course Leaders and Members. We all have a responsibility to keep the U3A Hall operating well.

PRESIDENT'S MESSAGE CONTINUED

The Victorian Network of U3A's is conducting a survey prior to developing a strategic plan and encouraging members to complete an online survey. More will be available when Greg Barnes, our rep. at Network returns from sunny Spain.

Overhead Projector/Audio-visual System Training

Several members have expressed interest in learning how to use the audio visual system at U3A for presentations during their courses. An expression of interest form will be placed in the foyer. The instruction will be on a 1:1 basis.

Mystery Trip

Committee member, Ray Watt is interested in hearing from members who would enjoy a 'Mystery Trip'. Please let him know if you're interested.

SOCIAL MORNING SPEAKERS

Tuesday 6 August 10 am: Danny Finley and Eva Gruen

Why wasn't I asked? A program to bring together generations as well as reducing loneliness and increasing health through shared activities.

Tuesday 4 September 10am: Roger Lenne, a pilot with Angel Flight

Tuesday 2 October 10am: Sandra Chamberlin, Executive Director of Infrastructure, Goulburn Valley Health

ANNUAL 5-6 DAY TRIP FOR 2019

The Trip Committee has prepared three options for the Annual Trip, which will be organized for the last week of March or the First week of April 2019. These options are now open for names to be entered on the sheets listed on the notice board just inside the front door of the U3A hall. The trip that gets the most entries will then be worked up in more detail. You can put your name down for more than one trip if you wish to. Votes must be in by the September Social morning.

1. **Adelaide, Barossa Valley and Mount Gambier.** 4 nights in Adelaide and 1 in Mt Gambier. Guided tour of city, Torrens River cruise, Rundle Mall and Glenelg shops and beach. Barossa Valley wineries, Angas Park dried Fruit Centre, Whispering Wall and Birdwood Mill Motor Museum in Barossa. Hahndorf historic German village and Port Adelaide Cruise. Kingston and Mt Gambier Blue Lake and Cave Gardens. Cost \$1200-1300.

2. **Canberra and Cowra.** 4 nights in Canberra and 1 in Cowra. War Memorial, Lake Burley Griffin cruise, Parliament House (old and new), National Museum, Cockington Green., Lanyon Homestead and the High Court in the Nation's capital. Japanese Gardens, War Cemetery and cultural Centre, together with Visitor Centre in Cowra. Home through Wagga, Lockhart and Urana. Cost \$1200-1300.

3. **Sydney, Hunter Valley and Blue Mountains.** 4 nights in Sydney and 1 in Cowra. City sights guided tour, Harbour cruise, Everglades Gardens, Three Sisters and Scenic Railway and Cableway at Leura, Rose Gardens, and wineries in the Hunter Valley, Mount Panorama and Japanese Gardens at Cowra. Return through Lockhart-Urana. Cost \$1500-1600.

All trips as currently planned are 6 days, but each could be shortened to 5 days if desired. For more information contact Ray Watt 0439716420, Carole Trotter 0407231348, Bryan Gannon 03 58222113.

SCIENCE MATTERS - GRAVITATIONAL WAVES

Gravitational waves - Einstein's spacetime ripples, reveal the secrets of the universe. What are Gravitational Waves and why was their first detection in 2016 so important for the future of astronomy? The existence of these waves were predicted by Einstein in 1916, but it was 100 years before technology advanced enough to be able to measure them. Their detection was hugely significant for the study of the universe for now there was another way to look at objects out in space that did not show any light, like black holes. It was like adding ears to listen for traffic on the road when previously we were limited to looking with our eyes. The 2017 Nobel prize was awarded to those involved.

We will use the book written by popular science writer, Brian Clegg, to explain in words of two syllables, what they are and why they are so important.

Contact: Allan Wilson 5822 1474

HISTORICAL STUDIES

On Monday August 13 at 10 am John Lawry will present a report on his project about "Indigenous History in the Goulburn Valley". All welcome

Contact: John Lawry 5823 1704 0417150933 or jrlawry@bigpond.com

SOCRATES CAFE

On Monday August 27 at 10 am Jan Maude will introduce the open discussion of "The Influence of birth". All welcome.

Contact John Lawry 5823 1704 or jrlawry@bigpond.com

GARDEN GROUP

Join us on our garden tour of Noorilim, Murchison, Sunday 29th July. Cost \$7. Car pooling at Emerald Bank, at 9:30am. BYO refreshments or Lunch at the bakery in Murch.

On Thurs 26th I will show photos of the Sydney, Mt. Annan Botanical Gardens, at my place, to U3A Garden Group. In the meantime we can pull a few weeds in the front U3A garden... anytime. Use the green bin and someone please put it out for collection on Thursday night.

Jan Vibert. 5823 5433

(editor note – such a nice photo – here it is again)



NATURAL RESOURCES & REGIONAL DEVELOPMENT

FRIDAY AUGUST 3, 10am U3A Hall

GUEST SPEAKER, Dean Judd, Floodplain & River Project Coordinator for GBCMA.

SUBJECT; Floodplain mining in the Goulburn Valley.

I had announced that Hayley Purbrick, Environment Manager Tahbilk Wines would be the speaker for this day but unfortunately she is unable to attend due to an important engagement which has just come up. I have given her another date later in the year where she may be able to attend.

FRIDAY AUGUST 10, 10am U3A Hall

GUEST SPEAKER; Sarah Barker, Special Counsel Minter Ellison

SUBJECT; Sarah is one of the world's leading advisors on climate change as a financial and business law risk. Sarah will share her knowledge of the dynamic shift in corporate, investor and regulatory approaches to climate risk in Australia and Internationally.

Contact John Dainton ph. 0358213881 or mob. 0417 549 502

ENJOYING LITERATURE

Our next meeting is Monday July 23rd at the earlier time of 1.30 for a screening of 'A Streetcar Named Desire'. In August we will start our exploration of the Romantics with a look at Samuel Taylor Coleridge's 'The Ancient Mariner'. That meeting will be at 2pm Monday August 27th.

New members always welcome. Helen West 0411 457 462

MONDAY LUNCH GROUP

The Monday Lunch Group is made up of friendly people who enjoy a meal, a drink and a chat. They meet every Monday at 12 noon at various venues around town.

The venues for August are as follows: Monday August 6th at The Mooroopna Golf Club followed by The Last Straw on Monday 13th, then The GV Hotel on Monday 20th and finally Monday 27th at The Vic Hotel. All U3A members are welcome to come along and enjoy a meal in pleasant surroundings with welcoming people. Please ring Gail on 58211315 for more information.

BIRD WATCHING

Our August 15th outing will be a full day at Tahbilk Winery and Goulburn Weir. The Cafe at the winery is closed on a Wednesday and picnics are not allowed so you will need to provide your lunch. We might have lunch in Nagambie or at the Weir Please contact Don Roberts 0448889224 or Marge Clarke 0429350875.

The June outing was at Reedy Swamp Lower Goulburn National Park Shepparton where eight members observed forty species. We walked the dry bed of the wetland at first and returned along Reedy Swamp Road. Birds of note were: Collared Sparrowhawk, Black Kite, Whistling Kite, White-bellied Sea-Eagle refurbishing its large nest with a stick, Yellow Rosella, Red-rumped Parrot, Pied Butcherbird, Olive-backed Oriole, Flame Robin and Red-browed Finch.

Don Roberts 0448 889 224

WALK AND TALK

On Wednesday August 8 our walk will be along the river at Cobram. Please meet at U3A at 8.45 for a 9am start in shared transport. We will stop at Thompsons Beach Reserve where there is a café and also a good clean electric barbecue. So you can bring your own morning tea and lunch or use the café or use the under- cover barbecue. Wear good walking shoes and clothing suitable for the weather conditions. New walkers will be very welcome.



School holidays reduced our numbers for our walk across The Flats to Mooroopna, but we were very interested to hear what John Dainton had to tell us about the history of the various bridges that had been built since white settlement and the reasons for their particular locations. John showed us some photos and told us more over coffee in Mooroopna before most of us walked back to Shepparton. Thank you John for sharing your local history knowledge with us. Jan Maude's photo shows John talking to us on a cold morning on the swing bridge with Jill Myers, Allan Wilson, Christine Wilson, Peg Jordan, Cam Nightingale, Bev Giles, David Taylor, Maria Hartel & Helen West. Christine Wilson 5822 1474 0428399648

OPERA APPRECIATION



The new season of opera films to be shown at Wangaratta is out. The first is Turandot but not till Sept 16. In ancient Beijing, the beautiful **Princess Turandot** vows that no man will ever marry her — seeking to avenge an ancestress who was brutally mistreated by a foreign prince, years ago. All who wish to marry her are given three riddles, and all who fail to answer are put to death (it's a bit savage). Enter our hero **Calaf**, a deposed prince in hiding. On seeing Turandot, he is dazzled by her beauty and puts himself forward to face the deadly riddles, despite the pleas of his father **Timur** and servant girl **Liù**, who is (not so secretly) in love with him.

To Turandot's horror, Calaf survives the challenges and wins the right to wed her. However, he decides to give the Princess one way out: if she can discover his name by the morning, she can execute him. Will Calaf's true identity be learned, and what price will be paid for secrecy?

There are some keen and regular attendees. You need to give almost a whole Sunday over to the expedition but the company is fun, the drivers are good and everywhere is warm!

If you would like to attend please contact Madeline Dyer on dyerm979@gmail.com or 0417580025

WRITING 4 PLEASURE

Our new location at the Shepparton Library has proved ideal for our needs so all future meetings will take place there. Our August meeting will be on Thursday the 16 August, commencing at 1 pm. Along the lines of 'Show and Tell', the theme will be 'Write and Show', eg write about an object of your choice then show what it is.

ALL WELCOME. Mary Heneghan. 58316997, or Mobile; 0400573985.

CANINE CAPERS

Meeting at car park south of Aquamoves at 10 am on 6th of August. Last month we were delighted to welcome Dave's "Stewie" as a newcomer (Katie's puppy). And how cute is he! Other walkers stopped to greet him and nearly disregarded the rest of the pack as he was so gorgeous. This month the last puppies from Hannah will have their vaccinations up to date and can participate. We all can't wait to see them as they promise to be as cute as Stewie. The 3 year olds are loving the interaction as are the "elderly" dogs. The oldest is 8 yo Casper. If you do not have a dog and want to join us please feel free because I have four dogs and that is a handful for walkies. So grateful for assistance am I. More information: Janiene 0409 337 520 sandfordjaniene@gmail.com

COMING EVENTS

Date	Event
Tuesday 6 August 10am	Danny Finley and Eva Gruen - Why wasn't I asked? A program to bring together generations as well as reducing loneliness and increasing health through shared activities
4 September	Roger Lenne, a pilot with Angel Flight
2 October	Sandra Chamberlin, Executive Director of Infrastructure, Goulburn Valley Health
6 November	Melbourne Cup
October	Course leaders lunch – date in October TBA
3 December	Christmas Lunch & launch of 30 th anniversary booklet
3 rd Wed at 3pm	GVU3A Committee Meeting Members are encouraged to write to the Committee about any issues of concern or speak to one of the Committee members.

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049