Goulburn Valley UBA

SHEPPARTON & DISTRICT

GOULBURN VALLEY University of The Third Age Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

MAY 2018

CONTACT DETAILS

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ACKNOWLEDGEMENT We sincerely thank the office of Wendy Lovell for the printing of this newsletter.



MESSAGE FROM THE PRESIDENT Barbara Brown

Welcome back to our travellers to the Snowy Mountains. From all accounts everyone had a wonderful time. A report can be found later in this newsletter.

University of the 3rd Age

Victorian Network Education Committee Workshops held at GVU3A Sunday 6 May and Monday 7 May

This is a **FREE** workshop funded through the Network Committee. It is aimed at Course Facilitators and Leaders from across Victoria but any member is welcome to attend – and I hope you will. Whether you are a current co-ordinator or just a general member of U3A there will be something of interest. **Register with Greg Barnes. Registrations close on Wednesday 2 May**

Temple Tour

On Sunday 6 May from 10.45am to 4pm a free tour to the Afghani Mosque and the Sikh Temple has been arranged for visiting U3A members and GVU3A members who are interested. If you are interested please let Greg know as there will be seats for local members. The tour includes morning tea and lunch. Meet at Esson Street at 10.45 am. There is a flyer in the foyer of U3A.

Latrobe University

Sue Nalder from Latrobe had notified us that there are 2 courses U3A members can attend. See article 'Latrobe University Classes' in the newsletter below.

Social Morning - Tuesday 1 May

Guest Speaker – Joe, an instructor from Aquamoves will speak on maintaining health as we age and demonstrate simple exercises to keep our fitness.

Social Morning - Tuesday 5 June

Guest Speaker: Kim O'Keeffe Mayor of the City of Greater Shepparton (to be confirmed)

ANNUAL TRIVIA NIGHT

Friday 25 May has been chosen as the date for our annual trivia night. We will have 6 people in a team. Please put your name down on the poster on the folding doors at the hall. This will help with catering for supper. Sandwiches and slices will be served at supper time. You may like to bring along some nibbles to share with the people on your table. The doors will open at 7pm and the questions will start at 7.30pm. We will be finished by 10pm. Feel free to bring along something to drink as well as a glass and a bottle opener. The cost of the night is \$10 per person payable on the night. We will have 6 rounds of questions with some fun activities in between rounds. So bring along your friends and family members for a fun filled night.

Contact Gail on 58211315 if you have any questions.

LATROBE UNIVERSITY CLASSES

Latrobe University, Shepparton Campus, can offer the following classes for U3A members. Both classes are on a Tuesday.

Lecture: 1pm-2pm, Tutorial: 2pm-4pm

Subject: Child and Adolescent Development

Jeff Blackley is the lecturer and he has said that people are welcome to sit in on the lecture, or come for the tutorial which is more *hands on* or come for the second half of the lecture and stay for some of the tutorial

Lecture: 9.00am - 10am, Tutorial: 10am - 12 noon

Subject: 21st century digital learner

Alan McLean is the lecturer. The relevance of the tutorial will depend on the topic we are talking about as often we spend time on assignments and how to submit assignments. For further information, please give Alan McLean a call on his mobile 0429 337 268

EVACUATION AREAS

All members need to be aware of where to go should an emergency occur at the U3A Hall. There is a sign in the car parking area to indicate the area. An Emergency Procedures update will be in the next newsletter.

WRITING4PLEASURE:

Our numbers have grown and we are actually a group of 20. Not everyone turns up at every meeting but we are a good sized group now.

There are still a few books for sale. The price is \$15 dollars each.

Our next meeting will be on 17th May. The topics to choose from are- 'Once Upon a Time' or 'Corellas'. We meet on the third Thursday of the month, 1 to 3.30pm.

Mary Heneghan. 58316997, 0400573985

BIRDWATCHING

The 16 May outing will be in Euroa, a morning outing. A walking path has been developed along Seven Creek. Please meet at the U3A Hall for a 9am departure.

Our March outing was at Gemmill Swamp Nature Conservation Reserve, Mooroopna where 13 members observed 44 species. The wetland was almost dry so most of the birds were bush birds. Some of the birds seen were : White-bellied Sea-Eagle, Sacred Kingfisher, Yellow and Eastern Rosellas, Black-chinned Honeyeater, Spotted and Striated Pardalotes, Buff-rumped ,Yellow and Striated Thornbills, Weebill, Dusky Woodswallow, Grey Fantail, Golden and Rufous Whistlers and Mistletoebird.

Please contact Don Roberts 58252404/0448889224

OPERA APPRECIATION GROUP

The next production is La Boheme by Puccini on Sunday 22 April.

One car is travelling to Wangaratta for La Boheme Sunday 22 April. Several seats are available.

The next opera is Semiramide, Sunday 6 May. Let me know if you would like to attend and if you can assist with transport.

Madeline Dyer <u>dyerm979@gmail.com</u>

SOCRATES CAFE

On Monday 28 May at 10am the topic for open discussion is "Art and Non-Art".

Contact: John Lawry irlawry@bigpond.com or 58231704

Computers/Facebook/Photobooks

Computer classes have started up again, so I look forward to catching up with everyone next week.

With all the problems noted over the past few weeks regarding Facebook, I have found a British website entitled:

How to stay safe online: Personal Information. For those people reading the email version of this newsletter, you should be able to click on (or copy) the link below. It's well worth a read.

https://www.choose.co.uk/guide/stay-safe-online-social-media-sharing-information.html

It deals with issues of personal security, privacy settings, what you should/should not post online, passwords and how to make it safer using the internet.

David Muir 0414881269

SCIENCE MATTERS – TOPIC COLONIZING MARS

It is not so long ago that we thought Mars was inhabited by little green men. Now we know that it is a lifeless rocky planet. Despite that both NASA and the entrepreneur Elon Musk (of Ebay and Tesla fame) are planning to colonize this nearby globe. The NASA program is sketched in for the 2030s, while Musk's SpaceX target is a more ambitious 2024. This seems impossible, so how do they plan to do it?

We will start our journey to Mars with a look at what it will take to get there and what is the physical environment that the intrepid colonizers will face when they arrive. In later months we will try to work out how they are going to live in that inhospitable location.

Contributions from the floor welcome: do some of your own research and let me know what you wish to present. We will also talk about an option we have to start another basic science class that would address topics such as the physics of light or human genetics.

Allan Wilson 0427 399 648

NATURAL RESOURCES

FRIDAY MAY 4, 10am U3A Hall

GUEST SPEAKER, ALAN BURGESS, Former President Australian Dairyfarmers Federation and Chairman of the Australian Dairy Industry Council. **SUBJECT**: Where has the dairy industry come from and where is it going"

FRIDAY MAY 11, BUS TRIP TO YEA.

Bus departs Ford's Bus Depot Telford Drive Shepparton 8.30am returns approx. 5pm. Inspect King Parrot Creek Revegetation Project at Strath Creek, and a guided tour of Yea Wetlands and visit Yea Discovery centre. Buy lunch in Yea.

Cost \$45

Money required by May 4 Natural Resources and Regional Development meeting. John Dainton ph. 0358213881 or mob. 0410549502

Contact John Dainton ph. 0358213881 or mob. 0417 549 502

HISTORICAL STUDIES

On Monday 14 May at 10am the topic is European History, presented by Gerrit van Zeist. All welcome

Contact: John Lawry irlawry@bigpond.com or 58231704

CANINE CAPERS

Walkies around the lake will be on the Monday 7 May. Park behind and beyond Aquamoves. Because the weather has been so kind we can still meet at 8.30 am even though we are on daylight savings time already. The human interest stories or pawson interest stories that I used to write as Canine Capers journalist will now be on the notice board and not in the newsletter anymore. Thank you to those that said they enjoyed my previous machinations. I will try to do a good notice board for you to enjoy.

IF THERE ARE NO DOGS IN HEAVEN, THEN WHEN I DIE I WANT TO GO WHERE THEY WENT

Janiene 0409 337 520

WALK AND TALK

On Wednesday May 9 Ted Stephens will lead our walk at Wandiligong. Our walk will start at the Wandiligong Park. We will walk along Moses Creek to Dogherty's Bridge. Please meet at the U3A car park at 8.15 for an 8.30 start in shared transport. Bring your own morning tea and lunch. Wear suitable footwear and bring a hiking stick. Bring your camera as we hope to catch the autumn colours at their best. New members will be very welcome.

Our April walk included Paradise Falls, Powers Lookout and Stringybark Creek. Thanks to Ray and Tony for organising the day and to Ray for the barbecue and Tony for the dramatic telling of the shoot out between the Kelly gang and police at Stringybark Creek. Photo by Jan Maude.

Christine Wilson 5822 1474 Mob. 0428 399 648



TRIP REPORT – SNOWY MOUNTAINS AND TUMUT – 19-23 MARCH

8am Monday, 19 March, 28 passengers set off from Shepparton with Malcolm driving Mal's Merc. So began a five-day excursion to the high country with many interesting places to see along the way.

DAY 1. Tour leader Brian Gannon welcomed everyone on board. Countryside looked very dry reflecting the absence of rain for weeks on end. The Albury bypass saved half an hour of travel, then we detoured to Holbrook (formerly Ten Mile Creek) with its B11 submarine. The Gone Barney café at Rosewood served an excellent lunch. It was still warm and sunny as we thoroughly enjoyed the Boggy Creek Show. This was a demonstration of horsemanship, mustering, whip cracking, working dogs, sheep shearing and much more.

It was then on through Tumbarumba and Batlow to the pretty little town of Tumut for the evening meal, accommodation and breakfast the following morning. No complaints there!



DAY 2. The day began cool, crisp and sunny as we visited the Tumut broom factory. The area grows the highest grade millet out of which sturdy brooms are manufactured with the aid of very basic machinery. Several purchases were made by members as the quality was



evident and far superior to other imported products.

We were then into Snowy Mountains Authority territory as we passed Blowering Reservoir and Tumut 3 power station and dam at Talbingo. A museum at Adaminaby explained the basis of the scheme and showed early film footage of the construction and the workers who made it possible. You couldn't fail to be impressed at this mighty achievement considered to be the greatest engineering project ever undertaken in Australia. It was then on to our motel in Cooma for three days of comfort and good food.

DAY 3. Showery today with a predicted top of 13 degrees. Another information centre to visit and Centennial Park with all its flags flying, followed by a comprehensive tour of Cooma with a well-informed local guide. A visit to the NSW Corrective Services Museum in the afternoon was a surprise highlight. We were informed and entertained by inmate Kelvin who spoke about the history of the NSW jail system since 1788 to the present. Interesting to note that this is the only museum in the world that employs serving offenders as tour guides for visitors. The day ended with a drive to Gladstone Lookout to view Cooma and the Monaro Plains.





DAY 4. Cold and drizzle with a visit to Thredbo alpine village first up on the itinerary. This was the day for all our winter woollies. A ride on the chairlift was a highlight for some; for others it was an experience never to be repeated. Ungloved hands were frozen. The sun made a cameo appearance from time to time but not on cue for the chairlift, making the view from on top a vision of whiteout. A bowl of steaming hot soup was most welcome for lunch at Jindabyne. An interesting drive took us past Smiggin Holes and Perisher to Charlotte Pass with a view of Mt. Kosciuszko, the highest mountain in Australia.

DAY 5. Still misty rain in Cooma but clear enough for a group photo at Kiandra. Cabramurra looked quite different from the early construction site that it was, as did Khancoban where two of the group had worked more than 50 years ago. It certainly brought back many memories for them. By the time we reached Corryong for lunch the weather had warmed up considerably and we were back into sunny Victoria. As predicted by Malcolm, we arrived home precisely at 6pm after travelling 1,400 km in comfort and safety.

If there was any sadness on the trip it came with thoughts of Kevin Jordan who was too ill to travel. Congratulations and thanks go to Brian Gannon who courageously took over the leadership and did such a good job. Thank you also to the 28 participants who were fun, happy, courteous and obliging. What a pity that more U3A members were unable to share in this fabulous trip. Perhaps next year ????

Text by Joan Giuliani (WRITING4PLEASURE) Photos by Jeanette Fry (ART Group)



ENJOYING LITERATURE

Our next meeting is 23 April at 2pm.

At the moment we are enjoying reading and discussing Tennessee Williams' " A Streetcar Named Desire". We have not gone very far into the play so it would not be a problem if you would like to join us.

We are a small group and we do welcome new members so feel free to come along. If you are able to lay your hands on a copy of the play it would be helpful!

Helen West 58214802, 0411 457 462

CURRENT AFFAIRS

Please note that Current Affairs has been cancelled for Monday May 7, as the hall is booked for the Network Victoria workshop which GVU3A is hosting. Our next meeting will be on Monday, May 21, at 3pm.

STRENGTH AND BALANCE

The Strength and Balance on Monday May 7th will start at 8.30 am and finish at 9.15 am due to State Network U3A workshop that day.

MONDAY LUNCH DATES

During the month of May the lunch group will meet at the following venues - Monday 7th at The Sherbourne Hotel, Monday 14th at The Peppermill Hotel, Monday 21st at The Shepparton Club and Monday 28th at Cellar 47. We gather at 12 noon for a meal and a chat. All U3A members are welcome to come and join the group. Please contact Gail on 58211315 if you have any queries.

COMING EVENTS

| Date | Event |
|------------|--|
| 1 May | Social Morning - Joe from aquamoves – maintain health as we age |
| 5 June | Kim O'Keeffe Mayor of the City of Greater Shepparton (to be confirmed) |
| 6/7 May | Course Coordinators Workshop |
| 25 May | Trivia Night |
| TBA | 30th Anniversary Celebrations - venue and date to be confirmed |
| 6 November | Melbourne Cup |
| October | Course leaders lunch – date in October TBA |
| 3 December | Xmas Lunch |