

CONTACT DETAILS

GV U3A Hall:

Esson St Shepparton
Tel: 5821 3333

POSTAL ADDRESS:

P.O. Box 14
Shepparton 3632

◆PRESIDENT

Barbara Brown 5831 8447
bbrown47@netspace.net.au

◆VICE PRESIDENT

Vacant

◆SECRETARY

Madeline Dyer 5821 0272
[dyerm979@gmail.com](mailto:dyer979@gmail.com)

◆TREASURER

Carole Trotter 5823 1348
crtrotter2@gmail.com

◆COURSE CO-ORDINATOR

Greg Barnes: 0438 569611
dngbarnes@hotmail.com

◆CATERING CO-ORDINATORS

Bridgette Brisbane 5827 1316
Sue Warmasley 5825 2636 and
Kerrie Midgely 5827 1366

◆HALL COORDINATOR

John Hammond 5821 5020
johnhammond5@bigpond.com.au

EMAIL ADDRESS:

goulburnvalleyu3a@gmail.com

NEWSLETTER EMAIL:

gvu3anewsletter@gmail.com

ACKNOWLEDGEMENT

We sincerely thank the office of
Wendy Lovell for the printing of
this newsletter.



MESSAGE FROM THE PRESIDENT

Barbara Brown

Welcome back to the 2018 GVU3A Year and our 30th Anniversary. I hope the holidays and a good rest will have you refreshed to begin the year's activities. This newsletter contains news of this month's course events. Full details of the 2018 courses and the timetable are attached.

Course Facilitator. Greg Barnes is always happy to hear from members who have a passion or skill to share with members or ideas about new programs.

Membership: Membership payments of \$50 per person are due now. Pay at GVU3A or place the money in an envelope with your name and place it in the box near the office door. Alternatively see the box at the end of the newsletter to pay via the internet.

Social Morning: Tuesday 6th February at 10am

The formal beginning to the year, the first Social Morning, will include morning tea (\$2.50) and presentation by Course Leaders with details of their courses. We know that men and women are retiring at a great rate. What could be better than to invite one or two you know to join the February GVU3A social morning to show them the range of social, physical and stimulating courses at U3A? We are looking for new members and also new tutors.

The Singing Group who lost their tutor last year are still searching desperately for a replacement. If you know of someone please let Greg know.

March AGM: Nominations are welcome for positions on the Committee: Vice-President, Secretary, general (2) members. These are due by February 26 – post in the box near the office. A nomination form is printed at the end of this newsletter.

Anniversary Year: The Thirtieth Anniversary of GVU3A is surely something to celebrate. Let me or any committee member know any ideas you might have.

SNOWY MOUNTAINS TOUR

Monday March 19 – Friday 23 (5 days)

Our special Snowy Mountains tour for U3A members highlights visits to the Tumut 3 Power Station, the local Broom Factory, Boggy Creek Station Show, the Snowy Mountains information centre and Adaminaby Museum. A big feature will be a ride up the Chairlift from Thredbo Alpine Village to the top of the Australian Alps. Visits include Smiggin Holes, Perisher, Charlottes Pass, Jindabyne and Kiandra. One night is spent at Tumut and three at the same motel at Cooma.



COST: 25- 29 passengers \$915 per person, 30-34 passengers \$860 per person (twin share)

If you are interested or know someone else who may be, please contact Trip Organiser **Brian Gannon** as soon as possible for the detailed itinerary. Time is running out: we need to finalize the number of passengers by our first meeting in February. The more people we have the lower the cost. Please contact Bryan Gannon on 5822 2113, bwgannon1@gmail.com, to put your name down. He will be delighted to hear from you.

ENJOYING LITERATURE

Our first meeting for the year will be Monday January 22nd at 2pm. We will be revisiting the work of John Steinbeck.

We meet on the fourth Monday of each month and would love to have some new members to bring new ideas! You are welcome to come along and check us out. We discuss authors, watch films of novels, read plays together or sometimes poetry.

Helen West: 5821 4802 0411 457 462

IPAD USERS

Dear GVU3A members, After two years I am back at GVU3A. I look forward to running the iPad Classes again in 2018 and like to thank lovely Carmel for teaching the iPad classes for the last two years. iPad Classes at U3A have a customized context, in general you will learn more about your iPad, as settings, Apps, internet browsing, clock, email, photos, maps, notifications, and of course any item you are interested in. Please bring your own iPad.

Time: Fridays from 2 February 2017, 1.00 - 2.30pm

Kiki Passenheim 0468 487 555

SOCRATES CAFE

The first session for Socrates Café in 2018 will be held on Monday 22 January at 10.00 am.

The topic for discussion "*Community*" will be introduced by John Lawry

The topic for the second session on Monday 26th February is "*Marriage*"

Contact: John Lawry jlawry@bigpond.com or 58231704

STRENGTH AND BALANCE

Strength and Balance classes will resume on Monday January 8 at 9am. Come along and work off that Christmas pudding. New participants are most welcome. If you would like more information please ring me on 5821 7653.

Lyn Davidson

BRING A FRIEND

Your U3A depends on membership to flourish. New members are needed every year to replace those that have moved on. In addition new members bring new ideas and options for new classes. The best way to find new members is by word of mouth, so bring along a friend or neighbour who might be interested. It will be good for them too. [Also, the more members we have the less need there will be to raise the fees!]



HISTORICAL STUDIES

On 12 February 2018 at 10.00am John Lawry will discuss "Some Issues with Indigenous history".

John Lawry irlawry@bigpond.com or 5823 1704

OPERA APPRECIATION

A small but enthusiastic group of members regularly make the car trip to Wangaratta to see amazing film screenings from the Metropolitan Opera House in New York. These are of their latest magnificent opera productions and are out almost before the last note is sung. The next one is Tosca on Sunday February 11.

Allan and Christine Wilson have been the force behind this group, but I am taking over this year.

We car pool and take a picnic lunch or buy our lunch there. The operas can be 3-4 hours long but there are lots of extras included like behind the screen tours and talks with the singers, all of which are fascinating.

Not everyone is willing or able to take their car; no worries as there are several people who are. If you would like to join us please send me your email address or your phone number so I can make a mailing list.

Madeline Dyer dyerm979@gmail.com 0417 580 025 58210272

FRENCH

The French class will resume on Tuesday February 13, 10am – 12 noon

Sue Birrell Tel: 5821 0914

INDUSTRY TOURS

The last intended tour for 2017, of Graincorp, fell apart and there seems to be little chance of a revival. A pity because several members were disappointed but we will continue to inform ourselves of what happens behind industrial and service organization closed doors. Most members seem to have enjoyed the visits we have made so far, so let's carry on.

I hope to have a trip in March so watch the next N/L for details.

John Hetherington. 0419 319 339

WRITING4PLEASURE

I would like to wish everyone a very happy new year which brings some prosperity and lots of happiness.

The coming year looks promising and exciting for our members and if you were entertaining the idea of joining us, this would be a good time to do it. Our aim is to get people writing; whether it is fiction, family or personal memoirs. The class is informal and everyone will be made welcome. Our next meeting will be on 15th February. The topics to choose from will be 'Regrets' or 'Burying the hatchet.'



Our book for 2017 has been sent to the printers and will soon be in its final stages. If anyone would like to buy a copy of it, please notify me of this. The price will be (roughly) \$15-\$20 each.

We meet on the third Thursday of the month, 1pm to 3.30.

Contact: Mary Heneghan. 5831 6997, or Mobile; 0400 573 985.

WALK AND TALK

On Wednesday February 14, Bev and Tony Palma will lead the group on a morning walk at Numurkah. Please meet at the U3A car park early at **8am** (it might be hot) and bring morning tea, water and lunch (or buy in Numurkah).

We have had 2 walks since the last Newsletter. In December Helen West hosted us in a wonderful cool spot in her back garden where we shared our lunches and enjoyed cool drinks



after walking to Jackson Park and back. Thanks to Helen for her preparations for us and for keeping our lunches cool while we walked.

In January, Jan Maude led the group from Jackson Park around Kialla Lake and back. Thanks to Jan and her family who provided some respite along the way. We always welcome new members to our group outings. We don't do anything very adventurous, but we enjoy being out of town enjoying some choice locations in the district once a month and we sometimes head for the hills during the year.

Christine Wilson (coordinator). 5822 1474. 0428 399 648

CREATIVE CRAFT

Our enthusiastic members have recommenced our get-togethers. We meet each Tuesday from 1:30pm until 4:00pm. We each bring a personal project and chat as we work. We share ideas and take great delight in seeing what each other is doing. We welcome all new comers!

Co-ordinator, Sonja Muir. Contact Number 5821 4349

DANCE AND LEARN

We trialed this course towards the end of last year. Many expressed interest, but for various reasons attendance was low. We have listened to those who indicated an interest and have decided to change the time and structure for 2018 to see if this makes it more appealing.

Dance and Learn with Linda for 2018 will be held weekly from Tuesday, 13th February from 10am to 12noon - except for the first Tuesday of each month (Social Morning).

Linda is a fully qualified and professional teacher with years of experience at all levels of ballroom dance. She will patiently teach us social dancing in both Old Time and Nu-vogue styles, enabling us to enjoy many of the dances held locally. Beginners are most welcome as well as those wanting to refresh past skills. A partner is not essential. The cost is \$5 per class.

Contact: Jan Maude 0428 597 794



NEWS AND CURRENT AFFAIRS

This group looks not only at the topical issues of the day, but also how they are communicated through the many different forms of mass media. In particular how social media and the 24/7 news cycle are changing how news and current affairs are prioritised and reported.

In 2017, Colin James delivered amazing insight into the machinations of the media, both locally and world-wide. Although he may be unavailable this year Colin has galvanised a group of members into questioning our daily news feed, its delivery and repercussions. This always results in enthusiastic discussion.

The group decided to be self-determining in 2018, confident that there will be plenty to talk about as the year unfolds across the full media spectrum.

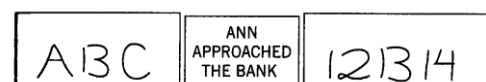
We meet twice a month - at 1.30pm on the first Monday of each month and at 3pm on the third Monday of each month.

Contact: Jan Maude Mob: 0428 597 794

SCIENCE MATTERS

We will begin our class of '18 on Monday Feb 19 at 1.30 with a look at how the natural architecture of our brains affects the everyday judgements and choices that we make. View this image and read what it says:

Now look again at the middle items of each of the side images – you are nearly certain to have read them as B in the left and 13 in the right, yet they are the same.



And what happened to Ann when she approached the bank? We will deal with that in class, along with lots of similar instances when our healthy minds make errors by their propensity to jump to conclusions. There will be more of this type of practical psychology taken from Daniel Kahneman's book 'Thinking Fast and Slow'.

Contact: Allan Wilson 0427 399 648

MONDAY LUNCH CLUB

Join us on Mondays at 12 noon for lunch and a chat. Everyone is welcome. Our locations for February are as follows:

5th Feb	RSL Club	19th Feb	Last Straw
12th Feb	King City	26th Feb	Terminus Hotel

Contact: Joy Markey Ph 5821 6387 or 0407 216 387



NATURAL RESOURCES & REGIONAL DEVELOPMENT

Please note the change of title from Natural Resources to Natural Resources and Regional Development. The regional development to be discussed will be about the primary industries that are within the Shepparton Irrigation Regions agriculture area. We attract top class speakers and if you are interested in our future development these sessions are probably the best opportunity you will have to meet, hear and ask questions of the people who are making the decisions.

The Natural Resources and Regional Development Group meet the first and second Friday of each month at 10am with sessions concluding around 11.15 am and everyone is welcome.

FRIDAY FEBRUARY 2, 10am U3A Hall

GUEST SPEAKER: Jan Deane, Senior news journalist ABC Shepparton

SUBJECT: Metro & Rural journalism

FRIDAY FEBRUARY 9, 10am U3A Hall

GUEST SPEAKER: Barry Croke, former Principal Dookie College

SUBJECT: Is Shepparton really a preferred irrigation region?

Contact: John Dainton 58213881 mob 0417 549 502

CANINE CAPERS

Walkies around the lake on the first Monday of every month starts on Monday February 5. We should now park at the riverside road near the camping grounds due to the new SAM preparations. That is pass the Aqua moves swimming pools and continue to the end of the road. As I now have four dogs anyone who can't see their way to owning one, but would like some of the benefits' may join us for the healthy walk and fellowship of the



likeminded. New dog, Charlie, has done the deed and hopefully it has worked, if so by end of February we may have some puppies. If not Sheesh! This time the mother will be Katie. If there are no dogs in heaven, then when I die I want to go where they went.

Janiene Sandford 0409 337 520

ASTRONOMY

The Bendigo astronomy club are running a star gazing event on Thursday January 25th at the Tallygaroopna show grounds starting at 8.30 pm. There will be plenty of telescopes there for you to look through and plenty of unusual things to see. Greg Barnes

COMMUNICATING WITH COMPUTERS

New to computing, need to brush up on how to create documents using Microsoft Word, organize your finances or useful lists (for the essential travelling supplies) in Microsoft Excel, sell or buy on Ebay and set up a PayPal account, need to organize files on your computer, send a photo via email, or find out about protecting your privacy online.

All this and more is covered during the course of the year. Participants are assisted in whatever they need individually or in small groups and we all come away having learnt something new each week.

Computing sessions take place on Monday afternoons.

David Muir 0414 881 369

CREATING PHOTOBOOKS

Holiday done and thousands of photos taken. All those photos of the family and particularly the wonderful grandchildren! What happens next? You can't print them all and looking at them on the computer can only be done so often before it becomes a chore. Learn about organising and creating fabulous photobooks.

Photobooks can be created for family, friends or just yourself. Themes can be to remember holidays, someone's birthday and many other ways.

Sessions will run fortnightly on Thursday afternoons while numbers make it feasible to continue.

David Muir 0414 881 369

UNDERSTANDING FACEBOOK

This short course will aim to assist people in getting started with Facebook. We will look at creating a Facebook account, common Facebook terms, information safe to enter onto a profile page, adjusting privacy and account settings, adding Posts, finding friends, using Messenger and tagging.

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

Sessions will run fortnightly on Thursday afternoons. Depending on numbers, a couple of courses may be run over the year.

David Muir 0414 881 369

ITALIAN GROUPS

The Intermediate grade Italian group will recommence on Thursday **February 1** at the U3A hall 10am to 11.30am with Lelia Amadei. This group has been going for 9 years now with different teachers and we are looking forward to Lelia's leadership again this year. We were deeply saddened by the passing of Ignazio Fantone who taught us well with his unique Italian flair. We will miss him greatly.

Last year I started an Introduction to Italian Language course which was aimed to fill in before we found a trained Italian teacher. We had a class of excellent students who did learn a lot and one has progressed to the Intermediate class. I will continue this class unless we find another teacher and would welcome any new member who would like to learn the basics of the Italian Language. This will start on Thursday **February 8** at 9am at the U3A Hall.

Christine Wilson (coordinator) 5822 1474 0428 399 648

COURSE WEB PAGES

Course Leaders will be able to get into the GVU3A web site to add further information or photos about their courses. This information should go under the tag "Course Pages ". David Muir will be able to teach you to do this by yourself.
Greg Barnes

Goulburn Valley U3A Nomination Form

I nominate:

For the position of

Signed

I agree to be nominated for the position
[candidate to sign]

Your Dues are Now Due! \$50 a member

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049



I HOPE YOU GET BETTER

A retired man who volunteers to entertain patients in nursing homes and hospitals went to Tarcoola recently and took his portable keyboard along. He told some jokes and sang some funny songs at patients' bedsides. When he finished he said, in farewell, "I hope you get better." One elderly gentleman replied, "I hope you get better, too."

This Newsletter was prepared by your U3A Newsletter team comprising Derek Poulton, David Muir, Denise Leffler, Allan Wilson, Christine Wilson and Ann Blashki. Entries for the next newsletter close on Feb 18 and should be sent to gvu3anewsletter@gmail.com