

GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

November 2016

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ACKNOWLEDGEMENT

We sincerely thank the office
of Wendy Lovell for the
printing of this newsletter.



MESSAGE FROM THE PRESIDENT

Greg Barnes

Just another reminder about our Melbourne **Cup Day Luncheon** on Tuesday November 1 where you will be able to watch the horse races with a crowd of people. It will be better than being there as there will be no pick pockets, charlatans, spivs or quacks in attendance. The day will start at 11.30 am. Lunch will be provided. Cost \$10.00. We need volunteers to help set up the hall at 4.00 pm Monday October 31.

The next **Social morning** will be on Tuesday Feb 7th 2017 as between now and then we have other activities on the first Tuesday of the month: Melbourne Cup day in Nov and Christmas lunch in Dec.



Above are photos of Bruce Lloyd talking with some guests who attended our last social morning: Sam Atukorala from the Ethnic Council, Kaloof a representative from the Iraqi/ Afghani community and Thon Thon, guest speaker who was one of the Lost Boys of Sudan; and some of the volunteer kitchen workers who help make GVU3A a nice place to be: Kerry, Joy, Jan and Barbara.

GVU3A Christmas Lunch will be held on Tuesday December 6 at 11.30 am at the Pepper Mill Hotel. If you are attending please add your name to the list on the folding doors by November 29. Cost is \$30.00 per head for a two course meal.

Annual Trip to Tasmania. If you wish to go on this bus trip time is running out. A deposit of \$200 needs to be paid by Monday October 31, either electronically into the GVU3A Trip Account: BSB 633 108 Account Number 1298 96049 or placed in an envelope

Message from the President (continued)

and posted into the white letter box near the office door at GVU3A. Don't forget to include your name. For further information see Kevin Jordan, Glen Burdekin or Denise Leffler. At the time of printing there were 22 people going.

Furphy Lecture at Shepparton Latrobe University: Wednesday 26th October 6.00 pm
RSVP by October 24. Phone 03 5820 8600 Email: shepparton@latrobe.edu.au

As part of our new liaison with Latrobe University, members of GVU3A have been invited to attend "KEITH MCDOUGALL'S NEUROSCIENTIFIC APPROACH TO EDUCATION LECTURE. For information see the GVU3A noticeboard.

ENJOYING LITERATURE

2pm on the 2nd and 4th Monday of the month

We have been reading Henrik Ibsen's "A Doll's House" which has been interesting. Our aim is to explore different literary genres and this year we have looked at two plays, one author's novels in depth including a film adaption, children's literature, poetry and short stories.

Our next topic is to explore biographies and autobiographies. Each member will report on one they have read so we will learn about a number of different people.

The final meeting for 2016 will be a lunch on the second Monday in December (12th).
Contact: Helen West on 5821 4802 OR 0411 457 462

GARDEN CLUB

September 22 Euroa Arboretum talk and tour

Libby Woodhouse, a volunteer from the Arboretum, showed us around. She talked about the history of the site and present day activities. After the construction of the Hume Freeway in 1990, the site used by the Road Construction Authority was gifted to the Euroa community. The Friends of the Arboretum was formed to coordinate community activities and to help with planting and landscaping the area. The Arboretum also supports local Landcare and environment groups with rehabilitation projects. There is a nursery and seed bank production area. The Arboretum is a great spot for a picnic, providing an undercover area and toilet facilities. Dogs on a leash are permitted.



October 27 Our big day out in the Yarra Valley (carpool). Please meet at the U3A carpark. We will leave at 8.00 am.



It is approximately 2 hours to the first stop. The Garden Club will visit "Alowyn Gardens" in the morning, then join the Melba Garden Tour at Coombe House at 2pm. On the way home we can visit the Yarra Valley Chocolate Factory. We can stop at Yea for a toilet break and coffee. Also there is a coffee shop at "Alowyn" Gardens. Alternately, you may prefer to bring your own food and drink for the day.

IMPORTANT: As stated in the last newsletter, definite numbers for the Melba Tour had to be paid for by **Oct 10**. Cost \$25.00. This covers the tour starting at 2pm and afternoon tea to follow. There are no refunds. Please email me cc_blake@hotmail.com or phone 0402 308 858 if you have any further enquiries.

If you would like to go and haven't paid, you are welcome to join us but you will need to make your own booking on 97390173 for the tour on this day.

It is U3A policy for passengers to contribute to the cost of any trip. Thank you to our drivers on the day who use their own vehicle.

November 24 Strathmerton Cactus Country Display

NATURAL RESOURCES

BUS TRIP FRIDAY NOVEMBER 4

Visit Lake Buffalo dam upgrade and see Winton Wetland progress

Trip includes picnic lunch at the Lake Buffalo Recreation Area and afternoon tea at the Winton Wetlands Café.

Departs Ford's Bus Depot Telford Drive Shepparton 8am returns approx. 5pm

Friday November 11; 10am U3A Hall

GUEST SPEAKER; Peter Ryan, CEO Goulburn Valley Health

SUBJECT; Peter will talk about Goulburn Valley Health redevelopment and its role and responsibilities in health services in the region.

John Dainton 5821 3881

SANDRA'S KEEPSAKES This activity has ceased.

WALK AND TALK

On Wednesday November 9 our walk will be in Benalla following the Street Art trail. After that we can add a walk around part of the Lake if we have time. Please meet at the U3A car park at 8.45 am for a 9am start in shared transport. Bring your morning tea and lunch if you are able to stay. New members are always welcome to come and join us.

Our October walk was excellent among the spring flowers in Killawara Forest, surrounded by purple chocolate lilies and yellow yam lilies and other special orchids which Marg Clark helped us find. We only wished we had more U3A members come and join us on these bush walks away from the bustle of town life. Marg's photo shows us at the Old Mill site half way along our walk.



Christine Wilson 5822 1474 0428 399 648

CANINE CAPERS

Will meet at 10am at the cafe end of the lake for walkies and doggie integration. After we will convene at the cafe at Miller Park for coffee et al. The lake cafe is not open on a Monday anymore so we will have a better coffee up the road with parking on site as well. The cafe provides water for the doggies and a non-smoking area. ALL U3A doggie owners are invited to participate and show off their pooches to each other.

Contact Janiene 0409 337 520 or Jeanette on 0438 214 808 for more information

MONDAY LUNCH GROUP

November locations

7th Pepper Mill.

21st Park Lake

14th Sherbourne Hotel

28th Last Straw

Joy Markey ph.5821 6387

WRITING4PLEASURE:

Well, where has the year gone?? We are still having enquiries about the group and the standard of writing has improved. If you are interested in joining us, please contact me (Mary) on the number below.

Contact numbers: Mary Heneghan 58316997 or Bridgette Brisbane 58271316.

ART, CRAFT AND PHOTOGRAPHY SHOW

Our Art, Craft and Photography Show was successfully held on Saturday 15th and Sunday 16th of October. The U3A hall looked splendid decked out with Paintings, Photography and Craft displays.

Many visitors spoke of their amazement at the standard of the exhibits and the wide range of techniques employed by the various artists. The show certainly showed a range of abilities ranging from the very new artist through to the people who have been toning their skills over a period of time.



Even though the Art group meets weekly it was very interesting to see how each artist and photographer has developed their own unique styles and techniques. The show certainly gave us an opportunity to compare and appreciate these individual styles.

As has been the case over the time we have been running the Art Show, the weather on Saturday morning promised a reasonably fine and sunny day. This allowed us the luxury to again have our barbeque lunch outdoors. It was extremely pleasant to sit in the garden and share some free time with fantastic friends. Thank you Andrew, Janiene, Brian, Allan and Christine for your faultless cooking.

Thanks to Thurlie, Diane and Joy we were able to enjoy a very pleasant lunch indoors on the Sunday and it only cost us \$4.00. These ladies worked throughout the weekend and cannot be thanked enough for their efforts. Due to their work visitors were supplied with endless morning and afternoon teas starting at 10am through to 4pm each day. Amazing!

My thanks to all the helpers who arrived at the hall on Friday morning to set up the stands for the exhibitors and worked quickly in spite of some initial confusion and discussion. It was great to be part of a cheerful and capable group. It only took us $\frac{3}{4}$ hour to set up and $\frac{1}{2}$ to dismantle. Well done and thank you all.

I cannot conclude this report without stating my appreciation to my Art group who individually answered the call, in March 2016, to have at least 6 paintings to be ready for this display. Amazing talented, very friendly and helpful people. My humble appreciation to you all. Luv yu.

Even though the number of people that attended the show did not meet our expectations and was considerable down on other years we can still consider it a successful event as we will have gained several new members as we took the opportunity open our facility to the public.

Carole Trotter

BIRD WATCHING

The 16 November outing will be at Victoria Park Lake Shepparton. Please meet at the U3A Hall at 9am or at the west side of the lake near the footbridge over the Goulburn River at 9.10am. Please contact Don Roberts on 5825 2404, M 0448 889 224 or Marg Clarke 0429 350 875.

This Sacred Kingfisher was seen on our October outing at Kinnairds Wetland, Numurkah.



IPAD CLASS

During the year many people have come along to learn the basic operation of their iPads. We experienced a few hiccups along the way, especially when our lovely teacher, Kiki, due to other commitments, had to leave us in March. Although I am really only a beginner myself, I was happy to take over the class and have enjoyed this new learning experience. So I will be offering the class again next year to all the "old" class members and any new people who would like to join us. As my husband Peter and I am heading off to Vietnam in February, our classes will commence in March.

The last class for 2016 will be Friday, November 18th from 2pm - 3pm.

2017: "IPAD FOR BEGINNERS", Friday, March 17th at 1.30 - 2.30pm. ALL NEWCOMERS WELCOME - bring your own iPad (charged) and a pad and pen to take notes.

More advanced "**IPAD USER GROUP**", from 2.30 to 3.30pm. ALL OUR "OLD" MEMBERS and OTHERS most welcome.

Regards, Carmel Naughton.

BIG ISSUES FROM SCIENCE

Monday November 21 1.30 pm

Our science series on the big history of earth and our grand civilization will conclude in November with a look at the future. This includes some short videos by eminent scientists on their vision of the future, as well as cosmologists' scientific view of our deep future as the sun burns out and follows the path that other suns have been seen to follow.

Allan Wilson 5822 1474

BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049