# Goulburn Valley



GOULBURN VALLEY University of The Third Age
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - www.gvu3a.com.au

**DECEMBER 2019** 

#### **CONTACT DETAILS**

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# MESSAGE FROM THE PRESIDENT Allan Wilson

Hello to all Members.

It is my pleasure to wish you all a Merry Christmas and a Happy New Year. We have had a big year at U3A with more classes and more members, as well as some big events. Thanks to all who have made this happen and to all who have participated. Christmas can be a good time. But it can also bring some pressure as we strive to get everything done by the 25th. So please take don't stress and spare a thought for those who find it less than perfect.

Our own U3A Christmas dinner will be in the hall on Tuesday December 3 where we will enjoy The Roving Roast and some musical entertainment. It is heavily booked, so much so that our Catering Committee has had to find a way to enlarge the seating to 100. That is the limit, but as this newsletter goes to press there are still places available.

This is the last newsletter for the year 2019. Most classes close down for January, but a few keep going. January meetings for Socrates Café, Monday Lunch club and Writing4Pleasure are mentioned in this newsletter. Several card groups, Strength and Balance, and Walk and Talk usually carry on too and your class leaders will communicate directly with you about those.

The 6 day Canberra trip needs a few more passengers. The itinerary is pasted up on the folding doors at the hall. If you would like a good holiday in March, have a look at it and add your name to the list in the foyer.

Your next Newsletter will be in February. This will include revised course notes for 2020, with our first social morning on February 4th when all the course leaders will tell you what is in store for the year. In the meantime, give yourself a clap and take a sip of Christmas cheer.

Allan

### **SOCRATES CAFÉ**

The Year 2019 draws to a close for Socrates Café.

We don't gather in December and so now seems to be an appropriate time to wish all those who support and enjoy Socrates Cafe a pleasant, safe and relaxing time over Christmas and New Year.

Ideas for the 2020 program are now being discussed and the subjects chosen will be presented at our first 2020 gathering on Monday, January 27. More about this in January.

However, we still have the November 25 session to go at which Barbara Brown will initiate and lead a discussion about: "Would it be more or less difficult to be successful in the modern world than 100 or 1,000 years ago?

Questions about Socrates Café should be directed to Robert McLean via email at r.mclean7@icloud.com or on mobile at 0400 502 199.

#### **NATURAL RESOURCES & REGIONAL DEVELOPMENT**

FRIDAY DECEMBER 6, 10am U3A Hall

**GUEST SPEAKER**; Vanessa Petrie, CEO of Beyond Zero Emissions

Beyond Zero Emissions is an Australian based not for profit climate change solutions think tank.

Vanessa has close to 20 years' experience working in diverse roles across local and State Government and the not for profit sector including infrastructure projects, legislative policy development, major policy reform and waste and resource recovery planning.

Vanessa has a Bachelor of Environmental Engineering from RMIT University and a Masters of Environment from the University of Melbourne. Vanessa is also a Board Member of the Goulburn Valley Waste and Resource Recovery Group.

As this will be the last Natural Resources & Regional Development meeting for this year I wish everyone a Merry Xmas and a healthy New Year

John Dainton ph. 5821 3881 or mob.0417 549 502

#### **COMPUTERS**

Computer classes will finish on December 8. We will recommence in February next year. At present there are no plans to run either separate Facebook or Photobook courses next year. However, if sufficient numbers arise, then I will run a couple of 'pop-up' courses. (Contact me if you want to do either). Otherwise we will continue with just the Monday sessions and cover all bases there.

**David Muir** 

0414 881 369

#### ITALIAN TEXT BOOKS NEEDED

Next year there will be a class for new beginners and those who would like to start again with the basics of the Italian language. We will use the Text book Ci siamo again and we are hoping to find some used copies locally, as they have become very expensive to buy new. Please contact me if you have a copy that you don't need. The beginners' class will start on Thursday February 6<sup>th</sup> at 9am and Lelia Amadei's Intermediate class will start at 10am.

Christine Wilson, 5822 1474

#### **WALK AND TALK**

On Wednesday December 11th, we will celebrate the end of our year by walking to KidsTown for morning tea, then walking back to Acquamoves. Please meet at the swing bridge behind Aquamoves at **8.30am**. If you would like to bring a small plate of festive goodies and drinks to share for morning tea, Tony will take them over to KidsTown by car so you don't have to carry them. Wear clothes, shoes and sunscreen suitable for the weather of the day and take water to carry if you need it. New members are always welcome to join us.

At this meeting we will be planning our walks for next year, so please come with your idea of a walk that you could lead one month next year. David Taylor (0412 802 427) will be leader of the Walk and Talk group next year.

Our November walk in Benalla went very well. We walked around both sides of the Lake, had a barbecue cooked by David, enjoyed all the roses and after lunch we walked around the streets to see most of the special Wall Art on display, then we finished with rest and drink at the Art Gallery.

Christine Wilson Ph. 5822 1474 Mob. 0428 399 648



#### **CREATIVE ARTS**

We have come to the end of another year full of many varied and interesting crafts. Our very friendly group has shared their expertise and chat to the enjoyment of all.

Our Tuesday the 1st of December session will cancelled due to annual the Christmas Lunch. The following Tuesday (10th) will be our last for the year. Please bring a small wrapped gift to the value of \$5 for our fun Christmas 'give and receive', and a small plate for afternoon tea.

If you so wish, please bring a small monetary donation to be forwarded to fire relief.

As always, new members are warmly welcome.

Sonja Muir

#### **WRITING4PLEASURE**

Our October meeting was well attended, with only a few apologies from members. We were entertained by some great stories. There will be no WRITING4PLEASURE meeting in December. After the Christmas break we will meet again to read and listen to stories, in January.

We meet on the **THIRD THURSDAY** in January 2020.

**Time** - 1.00 to 3.30 p.m.

**Venue -** Shepparton Library meeting room.

Please keep your stories or poems to approximately 500 words, to enable all members to share their work with us.

A small donation of \$2.00 per meeting will continue and go towards the cost of printing our end of year book.

QUOTE for the month: - "A poet can survive everything but a misprint"

- Oscar Wilde

CONTACT: Lyn Austin. Phone - 0468 312 602

#### UKULELE

The inaugural Monthly Ukulele Perpetual Award was presented to Brian Gannon in appreciation for his persistence and his smiley face.

#### HISTORICAL STUDIES

MONDAY DECEMBER 9 -10 AM U3A Hall Meeting will have a discussion on the next year's program.

John Dainton ph. 58213881 or mob. 0417 549 502



#### **SCIENCE MATTERS**

- 1. **Chemistry in the Marketplace:** Monday December 2 at 1.30. Nigel Liggins will continue his series of talks with a look at the chemistry of Cosmetics (moisturizers, perfumes, hair colours, shampoos, etc), as they are applied to various part of our bodies. Understanding cosmetics also requires some knowledge of the structure of skin and hair, so he will include info on their structure.
- 2. **General Science:** Monday December 16 at 1.30. This will be an end of year function with a short science quiz, some science jokes (more puns than funny) and afternoon tea. Bring a plate (with something on it!) to share.

Contact: Allan Wilson 5822 1474

#### **MONDAY LUNCH GROUP**

Our lunch group will meet at The Royal Mail Hotel in Mooroopna on Monday December 2nd followed by The Shepparton Club on Monday December 9th. Then on December 16th we lunch at La Porchetta followed by The Vic Hotel on December 23rd. For the final 2019 gathering on the 30th we will go to Bill and Beats in Mooroopna. During January we will gather each Monday at 12 noon at The Sherbourne Hotel. Our program for 2020 will commence in February.

## **Cup Day Function at U3A**

The attached photo shows some of The Fashions on the Field at our cup day function. There was also lots of food organised by our wonderful catering group and sweeps on the cup run by Ray Brisbane.

## **GVU3A Christmas Party**

Below is one of four songs that will be played by the Ukulele class at the U3A Christmas Party.

We have the French class and the Italian class singing along to their chosen tunes but the ukulele class will certainly need help with this song. (It goes to the tune of Surfin' USA)

Words will also be provided on the day.

So if you have the desire to sing your heart out at this party increase your confidents by checking out the words below and by listening and watching the clip shown on the next page:

#### **BANK ACCOUNT DETAILS**

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 000 Account number 127742898

Trip account: BSB 633 000 Account Number 129896049

Google Otley Ukulele Orchestra - <a href="https://www.youtube.com/watch?v=3344NwiE3GI">https://www.youtube.com/watch?v=3344NwiE3GI</a>
If you do watch it you will be able to sing loud and proud and as if no one is listening.

#### Learnin' U3A

To the tune of Surfin' USA

If everybody had a notion
To join U 3 A
Then everybody'd be learnin'
When they're old and grey
They'd be learnin' Computers
And quizzing; Q 3 A
And pressin' the Flesh man
Learnin' U 3 A

You'd catch them at Bridge
Learnin' how to Bid
You'd catch them at Writing
Tryin' to earn a Quid
You'd see them all at Science
And at Boliviay
And everybody'd be learin'
Down at U 3 A

They'd be paintin' at Art group
They'd be weaving at Craft
They'd be babblin' at Socrates
As if they're all daft
They'd all be learnin' French now
Parle Vous Francais
They'd be learnin' Italian
Down at U 3 A

They'd be readin' at Book Club
They'd be playing Mah Jong
They'd be talkin' 'bout History
At UKES playin' a Song
They'd all be Bird Watchin'
And havin' their Say
And everybody'd be learnin'
Down at U 3 A
And everybody'd be learnin'
Down at U 3 A
And everybody'd be learnin'
Down at U 3 A
And everybody'd be learnin'