

GOULBURN VALLEY University of The Third Age  
Incorporation Number A0016950Y (For active semi-retired or retired persons of mature age)

WE'RE ON THE WEB - [www.gvu3a.com.au](http://www.gvu3a.com.au)

June 2018

## CONTACT DETAILS

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### ACKNOWLEDGEMENT

We sincerely thank the office of  
Wendy Lovell for the printing of  
this newsletter.



## MESSAGE FROM THE PRESIDENT

Barbara Brown

Our Indian summer is at an end as the nights become very cold and the days are much cooler. We were spoilt with such a long warm period but now rain is urgently needed. Have you had your flu shot yet?

### GVU3A and Network May Tour and Workshop

The Gvu3A and Victorian Network Tour and Workshop was extremely successful. Held in perfect weather 38 people enjoyed a very interesting tour to the Afghan Mosque and Sikh Temple on Sunday. On Monday representatives from 14 U3A's attended the workshop. The morning's dementia session increased our understanding of dementia and strategies that can delay or help if we begin to experience dementia. I want to thank all those members who contributed to the weekend's success. Too many to mention, our success was due to their care and attention to all the tasks of the 2 days.

### GVU3A Art Group Exhibition at Kyabram Town Hall

I was in Kyabram this afternoon to view the Gvu3A Art Group Show Exhibition. What talented artists we have within the group. There were about 10 artists exhibiting including paintings in oils, watercolours, pencil and pastels, mixed media and pencil drawing. Portraits, landscapes, still life, flowers, seasons and abstract paintings were all portrayed by our talented artists. Try to make time to go to the Exhibition which is on until the end of May. Opening hours 10am – 4pm.

### Trivia Night

Unfortunately, the Trivia Night scheduled for May 24 has been cancelled due to a lack of numbers. We will look at it again next year. Maybe earlier in the year or even an afternoon event or weekend may suit members better.

### Social Morning: Tuesday June 5

Guest Speaker: The City of Greater Shepparton Mayor, Kim O'Keefe. The Mayor requested a list of issues we would like her to talk about and that had been submitted. But please bring your questions too.

## President's Message Cont.

### Evacuation Procedures

Re-doing the Emergency Procedures has been delayed and will be available in the July Newsletter.

Until next month stay warm! Barbara

## SCIENCE AND EVERYDAY LIFE

Nigel Liggins is a science teacher at Notre Dame and is having a gap year this year. To help fill in his days he has offered to take Science classes on the first Monday of the month from 3.00 to 4.30 pm beginning in June. His classes will differ from Allan Wilson's science classes in that it will be more High School curriculum aligned. Nigel will ask the class what they would like to discuss. On Monday June 4 he will talk about Chemistry in the market place where he will talk about the chemistry of cosmetics, chemistry in the kitchen etc.



**Contact:** Greg Barnes 0438 569 611 **Time:** June 4 (first Monday of the month) 3.00 to 4.30 pm

## SCIENCE MATTERS

Science matters so much that we will have it twice a month! For June in Science Matters we will continue our quest of learning how we are going to establish a colony of *Homo sapiens* on Mars. What type of environment and problems will the first settlers face? It seems impossible for us earthlings to imagine, yet that is what SpaceX and NASA aim to do, even in our lifetime. Bring your ideas along on June 18 (third Monday) at 1.30pm.



**Contact:** Allan Wilson 5822 1474

## CREATIVE ARTS

A reminder to the members of Creative Arts, our annual lunch at Covers, the TAFE hospitality restaurant, will be on Wednesday 20th June at 12:00am. Looking forward to seeing as many of you as possible.

If you are interested in 'crafting' as you chat, come along to U3A hall on Tuesday's (1:00pm - 4pm) and join us. All welcome.

Sonja Muir, Co-Ordinator. 0421509313.

## HISTORICAL STUDIES

On Monday 11th June at 10.00am Gerrit van Zeist will present his second paper on European History.

All welcome **Contact:** John Lawry 5823 1704 or [jrlawry@bigpond.com](mailto:jrlawry@bigpond.com)

## SOCRATES CAFE

On Monday 25th June at 10.00am the topic for open discussion is "Is there a justification for taking a man's life? John Hetherington will introduce the topic.

All welcome. **Contact** John Lawry 5823 1704 or [jrlawry@bigpond.com](mailto:jrlawry@bigpond.com)

## ART GROUP

The art group have displayed several works of art at the Kyabram Town Hall throughout the month of May highlighting the presence of u3a in our region. Although we worked throughout the morning on the 2nd May we were well pleased with the final standard of the display.

We have placed advertisements in the local Kyabram press, the Shepparton News and the Adviser encouraging people to see the display. Our thanks to Meredith for her advertising expertise and to Rob Burns who instigated and organised the show.

We will be continuing our community contact with several artists displaying their work at the Tatura Art Show.

We are contemplating having another Art, Craft and Photography Show at our hall in Esson Street on Saturday 20th October and Sunday 21st October. The show will be part of the Council's Seniors week activities and we hope our application for a grant will be supported by them. (There will be more about this at a later date)

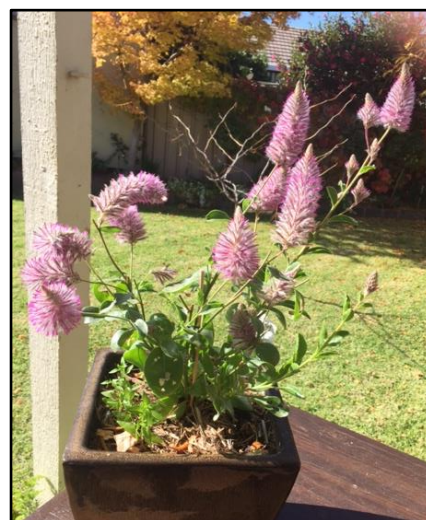
If you would like to experience the freedom of painting join us on Wednesdays at 10am.

Carole Trotter

## GARDEN GROUP

Our plans to prepare and plant out the Hall garden this month have been held over until later in the year. But we are looking forward to creating a new colourful garden of grevilleas, correa, leptospernum, crowea and a mulla-mulla or two. These plants will be bird attracting and some will have colour in the winter. The photo shows the mull-mulla (Ptilotus) which is a native of the Kimberley. It flowers continuously in the warm months.

On the third Thursday in June we hope to visit a quirky garden in Nathalia, as usual we will car-pool at the Hall at 9:30am.  
Jan Vibert. 5823 5433



## NATURAL RESOURCES & REGIONAL DEVELOPMENT

**Friday June 1**, 10am U3A Hall

**Guest Speaker**; Geoff Lodge; CEO Goulburn Valley Community Energy

**Subject**: Renewable energy, a productive outlook for the Goulburn Valley.

**Friday June 8**, 10am U3A Hall

**Guest Speaker**: Karina Joy; Senior Hydrologist Goulburn Murray Water and enthusiastic power lifter.

**Subject**; Karina will provide an overview on groundwater resources and how they are managed with the focus on the Goulburn Broken catchments. Karina will also talk about how management plans are developed in consultation with community groups using Katunga Water Supply Protection Area as an example.

**Contact** John Dainton ph. 0358213881 or mob. 0417 549 502



## MONDAY LUNCH GROUP

Monday Lunch Group will meet at the following venues at 12 noon. All members are welcome to come and share a meal and a chat. There is good food to share and the best part is you don't have to cook or clean up

On Monday **June 4th** we will meet at King City in Corio Street. Then on Monday **June 11th** we will meet at The Last Straw in Keppell Street. The following Monday, **June 18** we will meet at The Shepp Club and on the final Monday of the month, **June 25<sup>th</sup>**, we will meet at The RSL Club.

## BIRD WATCHING

Our bird watching outing for June 20 will be to Reedy Swamp Shepparton. Meet at U3A Hall at 9.00 am.

Photo from Denise of water birds seen at Euroa during our May outing.

Don Roberts 0448 889 224



## WALK AND TALK

On Wednesday June 13 our walk will be led by David Taylor on 5km of the flat bike/walk rail trail between Oxley and Milawa. We will drive in shared transport to Oxley Park for morning tea, then take the cars to park at Milawa and walk back to Oxley carrying our lunch to eat in the park there. After lunch we will walk back to Milawa and drive to Brown Bros Winery if anyone wishes to, before returning to Shepparton.



Meet at U3A at 8.15am for an 8.30am start and wear clothing and shoes suitable for the weather of the day. New members will be very welcome. Bring your own morning tea and lunch and drinks unless you want to buy at the Bakery at Milawa as we pass it. Please make sure you have your U3A medical record card with you.

We had a perfect Autumn day for our walk in May in Wandiligong among the beautiful trees still bearing their many coloured leaves. Thanks to Ted Stephens for organising our day and Jan Maude for this photo. Christine Wilson 5822 1474 0428 399 648

## CANINE CAPERS

Walkies around the lake will be on the Mon 4th June at 10am. Park at the furthest parking area from Aquamoves, towards the boathouse. I will be away so Leonie Doyle is the contact: 0428 740 260.

Janiene Sandford

## OPERA APPRECIATION

Our June outing to the opera will be to see Verdi's lesser known gem, Luisa Miller. Placido Domingo and Sonya Yoncheva collaborate in this heart wrenching tragedy of fatherly love.

There are still 2 seats available to travel to Wangaratta for our May opera, filmed recently at the magnificent New York Metropolitan Opera House. This production, of *Così fan tutte*, is set in a carnival environment inspired by 1950s Coney Island. It screens on Sunday May 27.

Please contact Madeline on 5821 0272, 0417 580 025 or [dyerm979@gmail.com](mailto:dyerm979@gmail.com) to reserve your seat.



## WRITING4PLEASURE

Big news this meeting; we have decided to have future meetings at the meeting room in the Shepparton library. This will begin next meeting; 21st June at the same time, 1pm to 3.30. The topics to choose from are - 'Winter' or 'Choose two people you would like to ask to dinner and why'. We meet on the third Thursday of the month, 1pm to 3.30 at Shepparton Library.

ALL WELCOME. Mary Heneghan. 58316997, or Mobile; 0400573985.

## COMPUTERS/FACEBOOK/PHOTOBOOKS

Facebook and Photobook sessions have now finished for the year. Anyone wanting to continue with learning in these sessions will need to contact me and be able to come on Monday afternoons. That being said, Monday computer sessions will be intermittent over the next couple of months as we await the arrival of our new grandchild. I will be in touch with regular class members to let them know when I am here for sessions.

There will be no computer sessions for August to early November.

Anyone new wishing to come to computer sessions should give me a call. David Muir 0414 881 369

## COMING EVENTS

Date	Event
5 June	Kim O'Keeffe Mayor of the City of Greater Shepparton
TBA	30th Anniversary Celebrations - venue and date to be confirmed
6 November	Melbourne Cup
October	Course leaders lunch – date in October TBA
3 December	Christmas Lunch
3 <sup>rd</sup> Wed at 3pm	GVU3A Committee Meeting Members are encouraged to write to the Committee about any issues of concern or speak to one of the Committee members.

## BANK ACCOUNT DETAILS

If you want to pay your membership fees or trip fees through the internet please use the account numbers below and use your name as the reference.

General account: BSB 633 108 Account number 1277 42898

Trip account: BSB 633 108 Account Number 1298 96049

Articles for the July Newsletter are due by June 18. Past newsletters may be found on our website.